



Social Night—visit to Tiny Bear Gin Distillery



Thank you to Kaye for her organisation of the night.

A fun night was held for the fifth Tuesday in the month, with a visit to Tiny Bear Distillery in Rowville.

With a tasting plate to enjoy and an explanation of the process of gin making, it was educational as well as very social.



Meeting Details

Where:

Tosaria's Café
60 Henderson Rd
Rowville

When:

Tuesday, 6.30 pm
for 7.00 pm start

Meetings are
hybrid unless
indicated other-
wise

Visitors are
warmly welcomed

For information
contact:

Kevin Harrison
0419 919 011

Meeting Zoom link
[here](#)



Home Club of
IPDG Dr Daryl Moran

President Kevin Harrison

Christmas tree sales



KNOX COMMUNITY CHRISTMAS TREES

Once again our Club will be selling Christmas trees, at two locations:

Seebeck Oval and Upper Ferntree Gully market.

Sales dates:

Saturday Dec 3rd and Sunday Dec 4th

Saturday Dec 10th and Sunday Dec 11th

There are still spaces on the sales roster so please look to see if you can help out.

Tell your family and friends that this will be a great place to get a lovely fresh tree. Delivery is available.

Click [here](#) for online sales information.

Thank you from Foothills Community Care



FOOTHILLS
COMMUNITY CARE

A thank you email has been received from Foothills Community Care CEO Stephen.

As we come towards the end of the year, I just want to say a massive thank you to all of you for your amazing soup and muffin contributions.

It has been great being able to move to indoor dining again after a couple of rough years, and we continue to serve both dine-in and takeaway meals for our guests.

The soups have been so well received, especially as the weather has not been kind to us lately. Thank you!

Please let me know if you are willing to be involved again in 2023 under the similar arrangement so we can make our plans for next year.

Thank you once again and I wish you a happy Christmas.

Stephen

Stephen Barrington.
CEO
Foothills Community Care

This year Foothills has provided over 42,000 fresh meals and delivered over 15,000 food packages, an amazing effort. We are pleased to be able to help in a small way with making life a little easier for those in need.


**IMAGINE
ROTARY**

An enormous thank you goes to all the Club members who supported Jenny on Wednesday November 23rd for her Project Finale event.

On this evening, Milli Wata-Marshall, team leader of the Fijiwest Days for Girls Chapter, shared some insights from her experience with the sewing and distribution of Days for Girls kits in Fiji.

Milli highlighted how the sanitary hygiene kits are an excellent option for girls in Fiji as they are environmentally friendly, with no cost, long lasting and help promote good health and hygiene. The education program that accompanies the kit distribution is extremely valuable, not just to increase the knowledge of the recipients about the biology of their body, but to encourage empowerment of girls. The incidence of early pregnancy in Fiji has long term impacts— curtailing access to education, hence limiting job prospects for young mothers.

The second part of the evening was spent tracing and cutting PUL (polyurethane laminate) which provides the waterproof lining in the DfGs shields. Milli was delighted to be able to take home with her several hundred pieces of PUL cut to size and shape. She has arranged to be able to share these with other teams that are being established in the Pacific region.

Another aspect of Milli's visit to Melbourne was a visit to the Donations in Kind warehouse in Footscray. It was clear that Milli viewed this place as a treasure trove, with so much medical equipment, school desks and the like that could be put to good use in Fiji. The cost of shipping is a real limitation to getting such equipment to Fiji at the minute.

Assembled helpers at the DG Partner Project finale



Rotary theme for each month

July— New leadership

August— Membership and New Club Development

September— Basic Education and Literacy

October— Economic and Community Development

November— Rotary

Foundation

December— Disease Prevention and treatment

January— Vocational

Milli has been in Australia to attend the Days for Girls Conference as she is the leader of the Fiji West Days for Girls team.

The chance to spend time with a Rotarian from another part of the world is a priceless opportunity to chat about the similarities and differences of our Rotary experience. It becomes clear that the context in which a club operates has a significant impact on what projects are most appropriate, but also that many of the challenges are the same.

Milli joined the Rotary Club of Lautoka 9 years ago, when it was an all male club, and it now has 16 members, 9 of whom are women, with most members in their 30s or 40s. Milli has been President three times and is currently Director of Community Service.

Milli's passion in Rotary is for Maternal Child and Health programs, as the need is so evident in the lives of people around her. The role of a woman in traditional Fijian village society is dominated by the man in her life and her role as primary carer for the children, with large families being quite usual. Rural women do not work outside the home and domestic violence is common, on many occasions fuelled by alcohol use. Access to health care and education about health issues is limited and people often do not seek medical advice until the issue has escalated significantly.

Taking on the role of distribution of Days for Girls kits and delivering the education program that accompanies the kits, Milli has found an opportunity to bring valuable information to young girls, and older women, living in remote parts of Fiji, including on the smaller islands. She also does counselling work for the Fiji Cancer Society which provides a further opportunity to support women from remote communities.

With her work for Days for Girls, Milli has found that the education program that accompanies the distribution of the hygiene kits is really a matter of holistic health education, touching on many aspects of health and safety, including empowering women to deal with domestic violence. By educating girls it is hoped to break the cycle of early pregnancy, occurring sometimes as early as 14 or 15, and the life of domestic drudgery that follows. She has noticed that the older women are often as absorbed with the information as the young girls for whom it is designed, as the lack of knowledge of their body, even for mature women, is significant.



A key practical project of the Rotary Club of Lautoka has been to provide 'Mother and Baby Packs' for women in hospital who sometimes, due to poverty or ignorance, come to give birth without the basics needed for a new baby. The packs cost around \$85 each and include face cloths, baby cream, cloth nappies, pads, plastic pants, vests, safety pins, washing powder, a bucket and flannel blanket. The Rotary Club also shows its care for the new mother with 'Little Mother' packs consisting of essentials for the mother—deodorant, toothpaste, toothbrush, shavers, bath soap and coconut oil.

Milli Wata-Marshall

Contd page 6.



**IMAGINE
ROTARY**

Sweet treats— Upwey Baptist Church between 9-11 am

December 8th	Heather, Pam, Corinne, Olivia and Tahlia
--------------	--

NEXT BUNNINGS BBQ DATE

December 16th

Reduce, Recycle, Repurpose

Over the last few weeks, many bags have been moved from one car boot to another at our Rotary meetings, bags containing items that are destined for a 'second life' in one form or another.

1. Foreign coins—Over 4 kg of foreign coins have been donated this week, which will be sent via Ron Brooks from the Rotary Club of Forest Hill to UNICEF. Over the last five years District 9810 has collected over 600 kg of coins, worth more than \$17,000, to be used to improve the welfare of children by improving access to clean water, supporting health initiatives including vaccination programs, providing basic education and ensuring protection from exploitation.

2. Aluminium foil blister packs.— Four large bags of foil blister packs have been dropped in to Biome at Brickworks Burwood. The foil will be removed and repurposed.

3. Hotel soaps—A collection of small hotel soaps has been dispatched to Days for Girls Fiji for inclusion in the sanitary hygiene kits being distributed to girls in remote areas of Fiji.

4. Worn out shoes—As noted last week, we have collected over **14 kg** of worn out sports shoes which will be delivered to Rebel Sport, with the knowledge that the useful components will be separated and reused. Further contributions are welcome during December.



There are also places to recycle plastic bottle tops and used stamps, to support organisations in their charity work.

All members are encouraged to keep sorting their rubbish to minimize landfill and ensure the maximum life is gained from the use of precious resources. Bring items to a meeting and they will be distributed to the appropriate person/place.

- Congratulations to **Neil** and **Michelle** who have sold their home and purchased another one, a little closer into Melbourne. Well done!
- This week **Daryl** has been confined to home, with his second bout of COVID this year! Luckily the symptoms have been fairly mild.



The photo shows Youth Chair **Max** Williams presenting a Community Service award to a student at Rowville Secondary College at their recent Presentation Night.

The Club sponsored six of these awards with a voucher and certificate for each of the students.

The wider world of Rotary—A Chat with Rotarian Milika Wata-Marshall contd

In Fiji, as in Australia, the challenge for Rotary is to attract and retain new members, particularly members in the younger age bracket.

The Rotary Club of Lautoka passed through a challenging period a few years ago, when the membership became very small. However, in recent years it has begun to grow again, with most members now in their 30s or 40s and the oldest member 63. The style of meeting and the projects performed reflect the interests and availability of the members, many of whom have demanding career and family commitments. Formal meetings are still held, but once a month the meeting is a coffee morning. Movie nights are popular for fundraising and as a social outlet for Club members. The Club projects, such as revegetating mangroves, are designed with a specified timeline, so a long-term commitment is not required. RC of Lautoka has chartered a Rotaract club and makes it a priority to support this group and maintain close links with it.

Milli's Club has been a partner in some aid projects when equipment has been sent from overseas countries, but all too often the fine detail of sending items, such as hospital equipment, has not been thought through sufficiently. To have an expensive piece of donated medical hardware sitting unused in a hospital because no one has been trained to use it is a great shame. The lesson for all overseas projects is to ensure due diligence is done to make it an effective project.

Thank you to Milli for sharing her insights and highlighting that there are many similarities in the challenges facing Rotary Clubs in our two countries.

Let's continue to collect worn out shoes. Bring them to the next meeting on December 6th to give to Kate.

Weight of shoes collected so far is 14.7 kg.

Further details are in last week's newsletter or check out the website



**IMAGINE
ROTARY**

REMINDER:

Christmas Function on Friday December 9th at Kevin and Cheryl's home, starting from 6.30 pm.



Bring: a chair, something to drink, \$10 to be part of the Kris Kringle AND an Op Shop Kris Kringle gift.

This gift should be something from an Op Shop, cost no more than \$10 in the Op Shop, OR a 'treasure' from your home which is on its way to the Op Shop. Be creative, be quirky, be amusing in your choice.

*You are invited
to the Official Launch / Exhibition
of the*

Treasuring Our Trees Program

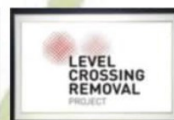
Saturday 3rd December, 11:00am to 1:00pm

The program includes

Welcome to Country, – I.O.T. Presentation and Video

Entertainment – Music – Storyteller – Artists Exhibits

And a thank you to our supporters



Address: 16 Brock Industrial Drive, Lilydale
R.S.V.P. alan.lunghusen@treasuringourtrees.org

Let's support our members in their business endeavours.

SEE ME FOR EVERYTHING
The corporate concierge



Kevin Harrison
M:0419 91 90 11
E:kevin@smfe.com.au
FB:seemeforeverything
23/12 Henderson Road
Knoxfield 3180
Melbourne Victoria

ESSENTIAL SERVICES PLUS
Domenico & Claudia Scuteri
Owners

☎ Domenico | 0412 279 364 / Claudia | 0434 492 578
✉ dscuteri@essentialservicesplus.com.au
🌐 essentialservicesplus.com.au
💻 domenicoscuteri.acndirect.com

helloworld TRAVEL
THE TRAVEL PROFESSIONALS

ROWVILLE

John Williams
Director
john.rowville@helloworld.com.au
Shop 28, Stud Park Shopping Centre
Stud Rd, Rowville VIC 3178
T +61 3 9764 8487
M +61 419 540 559

J.K.M.N. Williams & Associates Pty Ltd trading as Helloworld Travel Rowville.
An independently owned franchise.

helloworld.com.au/store/rowville





Matt Crewe
B.Bus (Econ & Fin)
Manager - Sales and Marketing

austbrokers Countrywide
Insurance & Risk Management

☎ 03 9835 1346
☎ 0412 317 746
✉ mattc@abcountrywide.com.au
💻 abcountrywide.com

Level 2, 35 Dalmore Drive
Scoresby VIC 3179
PO Box 9055 Scoresby VIC 3179

BarryPlant

Brenton Wilson CEA (REIV)
Managing Director
Licensed Estate Agent & Auctioneer

M 0408 534 952
T 03 9753 2828
F 03 9753 2433
bwilson@barryplant.com.au

Rowville Lakes Shopping Centre
150 Kelletts Road
Rowville, VIC 3178
barryplant.com.au/rowville

Minuteman Press Springvale


ALL YOUR PRINTING & DESIGN NEEDS COVERED

Contact us today, to see how we can help you.


P 03 9547 0800 E springvale@minutepress.com.au
www.springvale.minutemanpress.com

Greg Saligari M.P. Ac AIPA AFA
Principal

☎ 0482 928 262
✉ greg.s@compliancebusiness.melbourne
📍 Boronia, Hampton, and Collins Street, CBD



CBA
www.compliancebusadvisory.melbourne





Knox Chiropractic & Wellness

Click image for digital card

Date	Registration	Chair	Setup and production	Program
December– Disease Prevention and Treatment				
6 In-person/ hybrid	Jenny	John	Bob Ian Nathan	Scott White McCain’s Renewable Energy
Friday 9	Christmas Party at the home of Cheryl and Kevin Harrison See page 5 for details			
January—Vocational Services				
17	Robyn	Cocktail Party—informal social time-at Tosaria’s		
24	Kaye	Gary	Nathan John Alan	Alice Terrill ‘Improving your Club public image and expanding your reach through Social Media’
31	Kate	Pete	John Alan Stephen	Colin Byron DGN ‘The opportunities and challenges lying ahead for District 9815’

Some key dates for 2023:

District 9810 Conference in Canberra: March 3rd—5th

Rotary International Convention (RICON) 23 in Melbourne: May 27th—31st

This month's edition of the Rowville Lysterfield Community news is now available—click [here](#). The article regarding our Club is on page 8.

Website: www.rowvillerotary.com.au

Facebook: <https://www.facebook.com/Rotary-Club-of-Rowville-Lysterfield-171446576246728/?ref=bookmarks>

District 9810

Website: <http://www.9810rotary.org.au>

2022-23 BOARD MEMBERS

President	Kevin Harrison
Vice-President	Marg Vesey
Secretary	Heather Morris
Treasurer	Neil White
President Elect	Carol Constantine
Immediate Past President	Murray Wilson
Director	Steve Macdonald

2022-23 COMMITTEES

Community	Marg Vesey (mentor) Kate Kidd Pete Batterham
Youth Service	Max Williams Jeff Somers (mentor)
Environment	Gary Forrest Ayanthi Gunatilake
Foundation	Neil White (mentor) Adrian Klep
International	Alan Lunghusen (mentor) Arshad Samsudeen
Vocational	John Williams Neil Marshall
Membership	Ayanthi Gunatilake Gary Forrest

Milli Wata-Marshall at Donations in Kind in Footscray, where she bumped into the Days for Girls leader from Timor-Leste, who was also here for the Days for Girls Conference.

OTHER ROLES

Rowville Secondary College Council Rep	Rajeev Wadhwa
Newsletter	Jenny Moran Heather Morris
Facebook Website	Kevin Harrison Alan Lunghusen Stephen Palamara
Club Protection Officer	Adrian Klep
Program Committee	Marg Vesey Jenny Moran Kaye Sharman
On-to-Conference Art Show Committee	Heather Morris Rajeev Wadhwa James Wilson
Rowville Lysterfield Community News Correspondent	Jenny Moran
Fundraising Committee	Carol Constantine Adrian Klep Bob Morris Stephen Palamara Arshad Samsudeen Kaye Sharman

